



# PARENT TRAININGS

Parent training sessions focus on enhancing positive parenting practices and behaviors.

Key benefits of Parenting Training:

- Improves parental empowerment and competency
- Improves child behavior
- Increases positive parenting practices
- Improves parent-child interactions
- Increases social connections
- Improves parental mental health and well-being

Trainings are held virtually from 8:00 p.m. - 8:30 p.m. with time for questions. Please see the above schedule for dates, topics, and presenters. Zoom invitations and bullet points about the session will be sent out prior to the training.

## 2022-2023 PARENT TRAINING SCHEDULE

OCTOBER 18, 2022

### Establishing Daily Routines

by Amy Egan

DECEMBER 13, 2022

### Potty Training

by Judi Greenberg

JANUARY 10, 2023

### Picky Eaters

by Amy Freedman

FEBRUARY 21, 2023

### Sibling Harmony

by Amy Freedman

MARCH 14, 2023

### Setting Limits and Managing Tantrums

by Amy Egan

APRIL 11, 2023

### Kindergarten Readiness

by Judi Greenburg

## WHO THEY ARE



In 1995, The Ivymount School established an outreach program, first known as CORE and later as Ivymount Outreach Programs' Early Childhood Division, to support young children who were experiencing challenges in typical classroom or childcare settings with individualized strategies to fit their needs. In 2013, our team of early childhood experts launched Child Development Consultants, LLC.

Collectively, we represent more than 75 years of experience working with young children who have language, sensory motor and/or behavioral challenges. We have spoken at conferences nationwide for early childhood educators, and published a nationally-

acclaimed book for parents called **Is It A Big Problem or A Little Problem? When to Worry, When Not to Worry, and What to Do.**

### **Judi B. Greenberg, M.S. OTR/L**



Judi is the occupational therapist on our team. She graduated from Penn State University with a Bachelor's degree in Elementary Education. She has a Certificate in Occupational Therapy from the University of Pennsylvania and an Advanced Masters in Occupational therapy from Wayne State University. In addition to her life experience parenting three grown children, Judi Greenberg has 30+ years of experience as an occupational therapist, primarily in pediatric settings. She has worked in hospitals, learning centers, a hospital-based child development center, and public schools. She worked for The Ivymount School and Ivymount Outreach Programs for 25 years, helping to create their early childhood outreach program, CORE, and then serving as its director for 18 years.

### **Amy Freedman, M.A. CCC-SLP**



Amy F. is the speech and language pathologist on our team. She graduated from Syracuse University with a Bachelors of Science in speech pathology. She has a Master's degree in speech pathology from George Washington University and Certificate of Clinical Competence from American Speech, Language and Hearing Association. She completed the 8-week course in Pediatric Neurodevelopment Treatment (NDT). In addition to her "hands on" experience of doing life's greatest work - raising her own family of three children ranging in age from high school school to adults - Amy has over 25 years of experience working with young children in a variety of settings, from early intervention programs, to an outpatient hospital-based program, to home-based infant programs. She worked for The Ivymount School and Ivymount Outreach Programs for 24 years, serving as co-director of its Early Childhood Division for 5 years.

### **Amy Egan, M.A.**



Amy E. is the Early Childhood Special Education teacher and behavioral specialist on our team. She graduated from Stanford University with a BA in Human Biology. She has a Master's degree from San Francisco State University and a Maryland state teaching credential, both in Special Education (Early Childhood). In addition to her "hands on" parenting role as the mother of three children, Amy has been a classroom teacher and designed and implemented a program to serve preschoolers with autism for a large public school district consortium in California. She has extensive experience with Applied Behavioral Analysis and she received additional graduate-level training at Rutgers University's Douglass Developmental Disabilities Center. Amy served as an Adjunct Professor at Washington Adventist University, teaching courses in classroom and behavior management, inclusion, and observation-assessment. Amy spent 10+ years as an educator with The Ivymount School and Ivymount Outreach Programs.